

Elemis Advanced Facials

These superior face treatments are further enhanced by luxurious hand, arm and scalp massage sequences for the ultimate in scientific skin-therapy.

Tri-Enzyme Resurfacing Facial - 1 hr

Peel away the years for smoother, more radiant skin.

This ground-breaking facial treatment instantly resurfaces and smoothes the skin. This unique facial targets blemishes, uneven skin tone, superficial facial scarring and fine lines, revealing a younger looking skin.

Pioneering the precision layering of 3 targeted enzyme serums, this advanced resurfacing technique safely and effectively removes the thickening layer of the epidermis. Skin is left incredibly clean, smooth and radiant, bringing a renewed level of evenness and clarity to the complexion.

Recommended: 1 treatment every 3 weeks - course of 6

Visible Brilliance Facial - 1 hr 15 mins

To combat ageing, stressed and slackened skin.

Independently tested with revolutionary results, this anti-ageing face and eye treatment instantly firms, rejuvenates and plumps skin whilst helping to reduce dark circles. Specialised micro-circulatory massage techniques are combined with powerful formulations and the two-phase Amino Active Mask to help smooth and sculpt skin radiance.

Pro-Collagen Quartz Lift Facial - 1 hr 15 mins

This exceptional facial treatment has been independently tested, with phenomenal results. Specialised lifting massage techniques are combined with professional formulations for maximum treatment efficacy, leaving a firmer, uplifted, more youthful looking appearance.

Recommended: 1 treatment every 3 weeks – course of 6.

Elemis Skin Solution Facials

Modern Skin Facial - 1 hr

Designed for skin challenged by modern living.

Bursting with anti-oxidant rich minerals and vitamins, this purifying treatment helps to remove damaging toxins, regenerate skin cells and rebalance sebum.

The results: remineralised, rebalanced and renewed skin.

Recommended: 1 treatment every 3 weeks.

Oxygen SkinCalm Facial - 1 hr 15 min

Pure soothing heaven for sensitive skin.

Gentle massage techniques are combined with calming actives and a Japanese Silk Mask, infused with Absolute SkinCalm Booster Serum, to help rebalance delicate, fragile and sensitive complexions. Helping to relieve redness, this superior face and eye treatment offers immediate comfort to stressed and irritated skin.

S.O.S. Purifying Facial - 1 hr 15 min

A purifying treatment for congested skin.

A powerful face and eye treatment that helps regulate and balance the function of the skin. Purifying massage techniques combined with the unique Japanese Sulphur Mask, infused with Absolute Vita-C Booster Serum, help to absorb sebum, calm irritation and rebalance oil-rich pores, leaving a beautiful matt complexion.

Recommended: 1 treatment every 4 weeks.

Elemis Skin Specific Facials

Fruit Active Glow - 1 hr

Help bring back the glow to a lifeless complexion.

Skin is deeply cleansed and stimulated by specialist Eastern massage techniques, whilst powerful conditioning actives nourish and help renew vital radiance.

Exotic Moisture Dew - 1 hr

Treat your skin to a moisture boost.

Following a specialist facial massage, the skin is fed with thirst-quenching actives that will help bring back that healthy, dewy look to the skin.

Herbal Lavender Repair - 1 hr

For perfect restoration of skin balance.

Deep cleansing to help draw out skin impurities. This facial will help reduce unwanted shine, refine the pores and treat skin breakouts.

Taster Facial - 30 mins

This introductory facial provides a quick and instant pick-me-up for any occasion.

Recommended: 1 treatment every 2 weeks

Elemis Face and Body Therapy

Face and body Sensation

Experience the perfect Elemis treatment duo, a sensational massage combined with a prescribed booster facial. Choose from the unique Re-Energiser, an 'ice-cool thermal' massage to help relieve stress tension and ease aching muscles, or Tranquillity, a 'thermal-soothing' massage to induce a deep level of relaxation and calm your mind. You will then be treated to your intensive booster facial, designed to help smooth out wrinkles and help give the appearance of youthful radiance:

- Pro-Collagen Quartz Lift Facial
- Tri-Enzyme Resurfacing Facial
- Visible Brilliance Facial
- Skin IQ+ Men's Facial

Absolute Spa Ritual - 2 hrs

The ultimate skin and body therapy for maximum results.

Choose from one of the unique Elemis Advanced Facials or Skin Solutions Facials and combine it with the powerful effects of the Elemis Deep Tissue Muscle Massage. Two hours of pure relaxation with dramatic results!

Advanced Facial for Men

Skin IQ+ Facial - 1 hr 15 mins

Charged with Time Defence Wrinkle Delay and Time Defence Eye Reviver, this treatment is tailored to meet the needs of a hectic lifestyle and help to combat the harsh, ageing effects of frequent shaving, environmental pollution and constant travel, giving men the ultimate skin overhaul with maximum results.

Advanced Performance Facial for Men

Urban Cleanse Facial - 1 hr 15 mins

Deep cleanse and complete skin detox.

This super-grooming facial works overtime, which may help eliminate blocked pores, rapidly accelerate skin repair and neutralise impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defence against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean.

Recommended: 1 treatment every 4 weeks.

Elemis Face and Body Therapy for Men

Total Time Out - 2 hrs

The ultimate skin and body therapy for men.

Select either the Elemis Skin IQ+ Facial or the Urban Cleanse Facial combined with the dynamic and immediate tension-relief of the prescribed Elemis Deep Tissue Muscle Massage. Achieve the ultimate goal of **Total Time Out!**

Elemis Body Therapy

Deep Tissue Muscle Massage - 1 hr

Deep rhythmic pressure massage.

Help alleviate stress, ease aching muscles and revive the senses with this powerful, customised massage. Dynamic blends of Essential Oils are prescribed to target individual needs and reduce specific stress and muscle tension.

Choose from:

- Stress-a-Way: Wind down and release the tension of the day.
- Spirit Reviver: A powerful surge to invigorate and recharge.
- Muscle Melt: Relax and re-energise a tired and aching body.
- Chakra Balancing: Reconnect your mind, body and soul.

Deep Tissue Back Massage - 30 mins

Minimum time, maximum tension-relieving results.

Specifically targeting the back, shoulders and neck areas, where you need it most.

Recommended: 1 treatment per week.